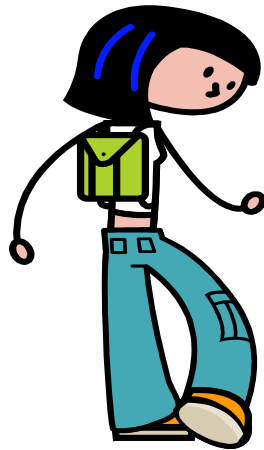


Dennis Mitchell

# The Do's & Don'ts of Discipline

Behavior Management for the Classroom





# Behavior management training is necessary because...

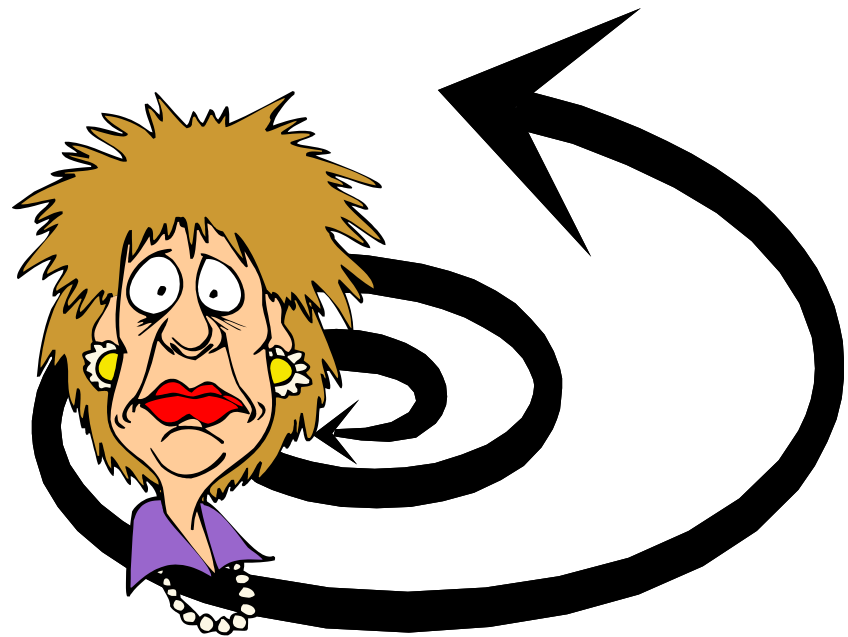
- Teachers are spending 50 – 80% of their day handling off task behavior.
- Keeping students on task is increasingly becoming more difficult.
- We have lots of theories but... we need workable strategies.
- It's just not fun anymore.



# Stress

1. We will make poor decisions.
2. We will move from pro-active to punitive
3. We will feel guilty about how we handled things

**The  
STRESS  
ZONE**



*Positive discipline for Positive results*

The  
Do's & Don'ts  
of Discipline



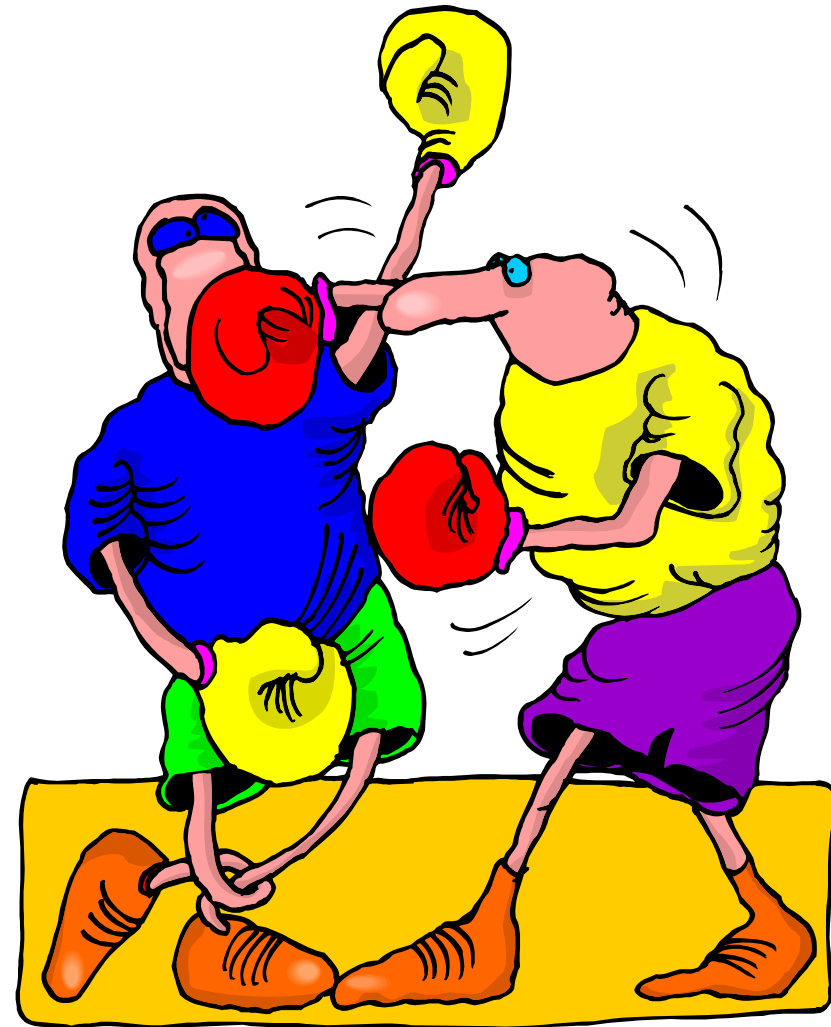
# Reacting in Fight or Flight

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of Discipline



# Fight

- Hostile
- Ineffective
- React
- Yells and screams
- Aggressive / Punitive
- Needs confrontation
- Normal

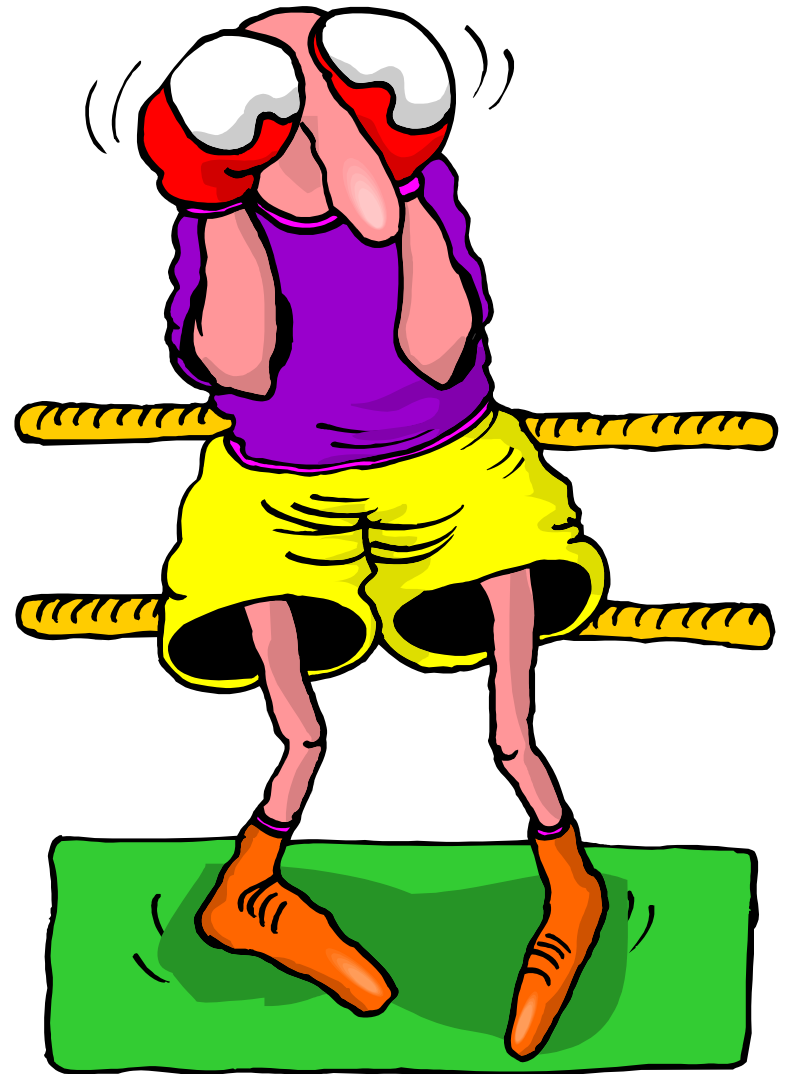


*Positive discipline for Positive results*



# Flight

- Defeated
- Ineffective
- React
- Wishy-washy
- Non-confrontational
- No follow through
- Normal



*Positive discipline for Positive results*



# Centered

- Effective
- Respond
- Never raise voice
- Controlled
- Never uses **“TRY”**
- Ab-normal



*Positive discipline for Positive results*

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of Discipline



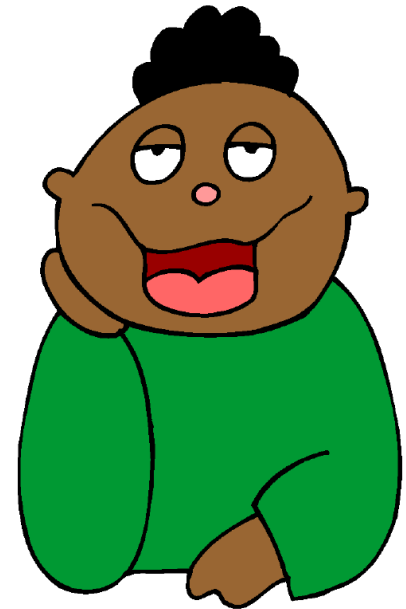
# Reacting vs. Responding

## Reacting

- Caught off guard
- Emotional

## Responding

- Calculated
- Pre-determined
- Matter-of-fact





# Teachers must understand.



It's not personal – it's business.

Students are success orientated



Words weaken your position.

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**B. A. M.**

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# Bizarre And Meaningless

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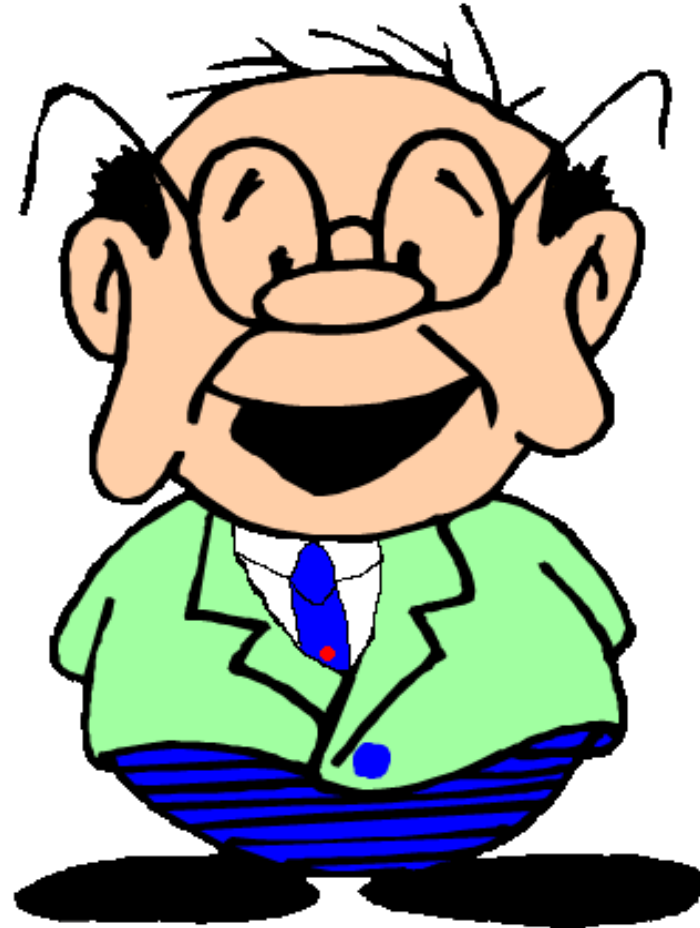


# B.A.M. Statements

- I understand
- Mmm Mmm
- Uh huh
- Silent smile/look
- Thank you for sharing
- Yessssss
- Excuse me
- It's a sad day...



**“I’m sorry, was there something in my voice,  
or in my posture that led you to believe  
I don’t mean business?”**



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# Classroom Plan

Develop and **post** a  
classroom  
management plan

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of Discipline



# **Classroom Management Plan**

## **Rules**

## **Positives**

## **Consequences**

### *Extreme Behavior*

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# Classroom Consequences

It is not the **severity** of the consequence, but the **consistency** that makes lasting changes (training)

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# Extreme Behavior

An extreme behavior offence is to be met with a quick and decisive consequence of an immediate office referral.

**Fighting** By fighting, I mean the willful intent to commit harm to another person.

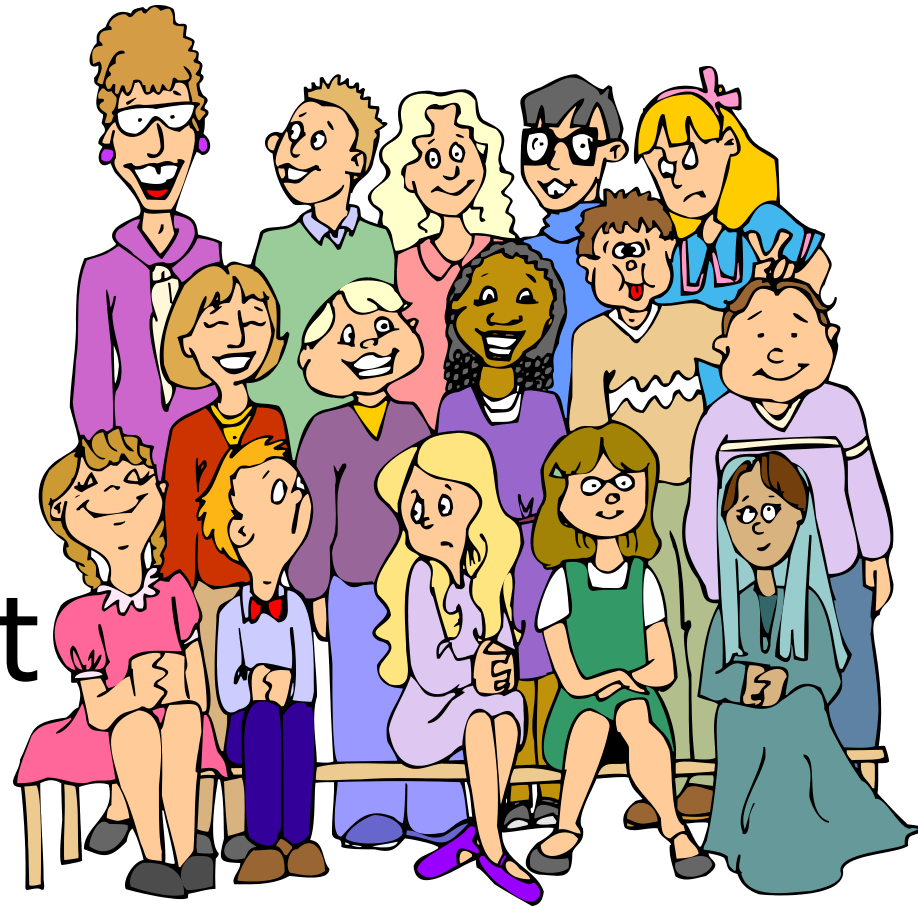
**Vandalism** Extreme vandalism means that the damage will take a professional to repair.

## **Overt/Extreme defiance**

Overt or Extreme defiance is behavior that stops the class from functioning.



# Create a positive classroom environment



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# Praise

Atta-boys have no value.

Praise needs to be ...

Specific and Public

Supportable

Do it again

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Thank you for  
allowing me to share  
my passion with you.

Dennis Mitchell  
P.O. Box 1771  
Cedar Hill, TX 75106  
800-234-9264  
[dennis@ignconsulting.com](mailto:dennis@ignconsulting.com)

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