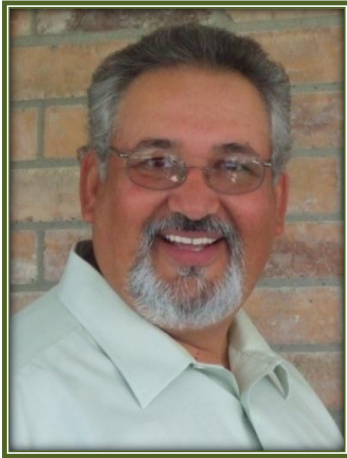




Do's & Don'ts of Discipline *for parent sanity in the home.*



If you are looking for a professional speaker with an entertaining, polished, and solid content, look no further! Dennis delivers seminars for all types of audiences, parent groups, (PTA) educational, (K-12) and industries (being present at work).

Dennis' energetic, larger than life seminars are perfect for any organization, association, conference or event. Dennis has worked with groups as intimate as a 15 member school leadership team and as large as 600 participants at national educational conventions. (Texas State PTA Leadership & High Schools That Work)

Founder of *IGN Consulting – Behavior Solutions* for educators and parents, Dennis has an extensive background in education. He has been a teacher at the elementary, and middle school levels. His administrative experience includes being a Principal at all elementary, middle and high school levels. Dennis has worked as an educational speaker & consultant since 1991.

Dennis Mitchell is an authority on teaching innovative strategies to handle conflict and reduce stress between adults and children.

Dennis delivers an interactive and inspiring message that leaves his audiences completely excited – empowered and energized. Dennis closes an event with audiences totally energized with creative and practical strategies. His programs are always presented through a “laugh & learn” approach!

So if your organization is looking for...

- *Excitement created in your organization, school, or parent group.*
- *High energy & laughter while learning new effective strategies.*
- *Someone who is fun with something useful to say and a speaker that audiences will rave about....*

...then your next event deserves Dennis Mitchell.



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Benefits of

Strategies for Parent Sanity in the Home

1 ½ - 2 hours

Parents will be taught effective communication and discipline strategies in order to stop arguments and stress in the home. In this training parents will learn strategies which can be implemented immediately.

➤ **Benefits in the home...**

- ✓ Arguments in the home are significantly or totally eliminated.
- ✓ Procedures are put into place that insures easier compliance.
- ✓ Stress in the home is no longer an issue.
- ✓ Families enjoy the additional quality time together.
- ✓ Children are more successful and feel safer.
- ✓ Communication in the home is significantly improved.

➤ **Benefits in the work-place**

- ✓ Reduced work-place stress.
- ✓ Increased positive work-place climate.
- ✓ Sick time is significantly reduced (80% of all illness are stress related)
- ✓ Communication between employees is improved.
- ✓ Customer relations are more professional.
- ✓ Employees take less time off to handle children problems.
- ✓ Employees are present. (not thinking about home/children)



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Benefits of Making Homework Painless

1 ½ - 2 hours

Parents will be taught effective communication and study strategies to assure their child's success. In this training parents will learn strategies which can be implemented immediately.

➤ **Parents will learn...**

- ✓ Definition of the parent role in their child's homework.
- ✓ To eliminates the guess-work of homework, yes or no?
- ✓ How to increase positive home climate.
- ✓ How to increase communication between parent and child.
- ✓ To create a win-win between parents and teachers.
- ✓ The do's and don'ts of homework assistance.
- ✓ No more late night runs for poster-board or Styrofoam planets.



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Agreement for Services

School / Business _____ Preferred Date (s) _____

District _____ Alternate Date (s) _____

How did you hear about our program(s) _____ Time _____

Name _____ Title _____

Address _____

City

State

Zip

Telephone # (work) _____ Emergency Telephone # (cell/home) _____

Fax # _____ e-mail _____

Workshop Title _____

The standard fee is \$800.00 plus \$45.00 per diem plus travel expenses

Comments: (special directions)

Signature

Title

Date

With your signature you are agreeing to the cost and date or dates agreed upon.

Please fill out and fax back to 206-666-4338