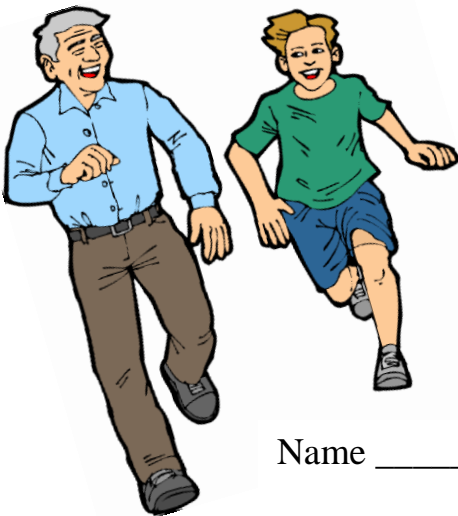


DENNIS MITCHELL

DISCIPLINE IN THE HOME FOR PARENT SANITY



DISCIPLINE DONE CORRECTLY CREATES POSITIVE RELATIONSHIPS

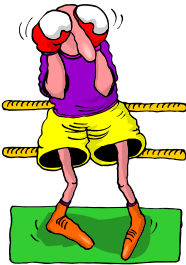

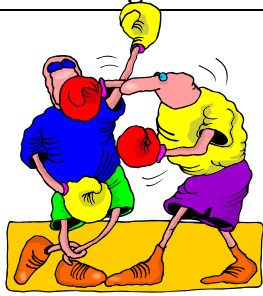


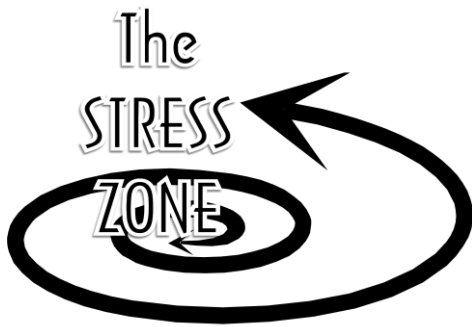
Name _____

Date _____

- Children will debate and argue with us because they know that to get their needs met – the parent must be out of control.
- It is not personal – it’s just business.
- Children are success oriented.
- Words weaken your position.

Three Types of Parents

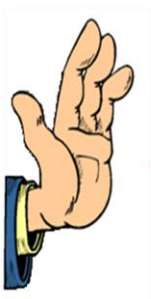
Flight	Calm	Fight
		
React	Respond	React
Wishy-washy	No need to raise voice	Yells and screams
Defeated	Controlled	Angry
Avoids confrontation	Never uses the word “try”	Thrives on confrontation
Does not follow through	Says what he/she means and means what he/she says	Is abusive to everybody
Debates Makes promises Makes deals	Does what is in the best interest of the child and/or home	Argues about everything
Fails to get his/her needs met	Gets his/her needs met, as well as the needs of their home	Gets his/her needs met, but at the child’s expense
Normal	Abnormal	Normal



When we enter the stress zone...

1. We will no longer make effective decisions.
2. Our emotional perspective changes.
3. We later feel guilty, which keeps us in the stress zone.

The argument cycle is never-ending as long as we keep talking...



Bizarre And Meaningless

B.A.M. Phrases

I understand...

Uh Huh...

Silence...

Excuse me...

It's a sad day...

Bummer...

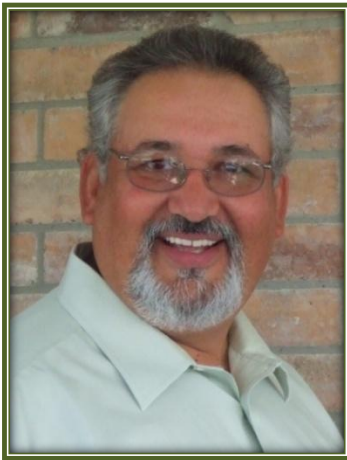
Thank you for sharing...

Yes...

If we **do not enter** into a debate or argument, we maintain control.
Children look for certain cues to know when you are serious.

“I’m sorry, was there something in my voice or in my posture that leads you to believe you have a choice?”





If you are looking for a professional speaker who provides polished, entertaining, and solid content, look no further! Dennis delivers seminars for all types of audiences – parent groups (PTA/PTO) and educational (K-12). Dennis’ energetic, larger than life seminars are perfect for any organization, association, conference or event. Dennis has worked with groups as intimate as a fifteen-member school leadership team and as large as 600 participants at national educational conventions (Texas State PTA Leadership & High Schools That Work).

Dennis is the creator of the program, “The Do’s & Don’ts of Discipline *in the home for parent sanity.*” He has an extensive background in education. He has been a teacher at the elementary and middle school levels. His administrative experience includes being a principal at the elementary, middle, and high school levels. Dennis has worked as an educational speaker and consultant since 1991. He delivers an interactive and inspiring message that leaves his audiences completely excited – empowered and energized. Dennis leaves audiences totally energized with creative and practical strategies. His programs are always presented through a “laugh & learn” approach!

So if your organization is looking for...

- *Excitement created in your organization, school, or parent group*
- *High energy & laughter while learning new effective strategies*
- *Multiple programs for additional follow-up sessions*

...then your next event deserves **Dennis Mitchell.**

New Books

